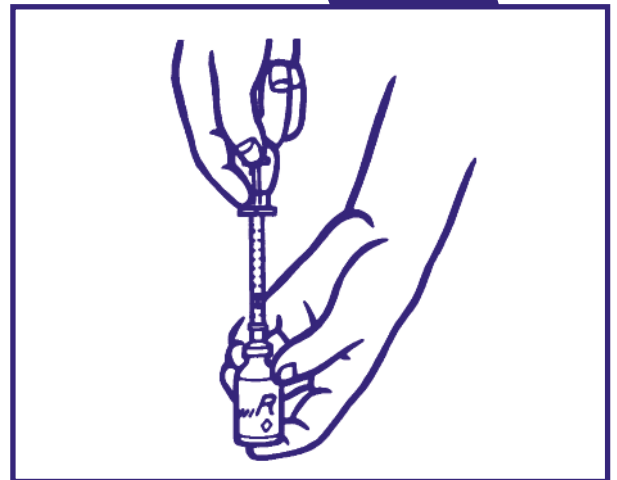


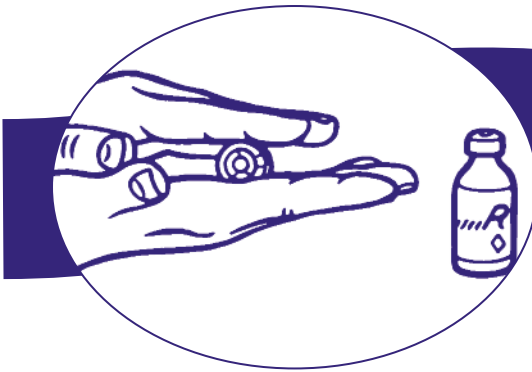


BD Getting Started™

Mixing Insulins For Self-Injecting



2. Wipe top of both bottles with BD™ Alcohol Swab



1. Roll a cloudy bottle



3. Pull plunger down to _____ units



4. Push needle into cloudy bottle



5. Push plunger down into cloudy bottle

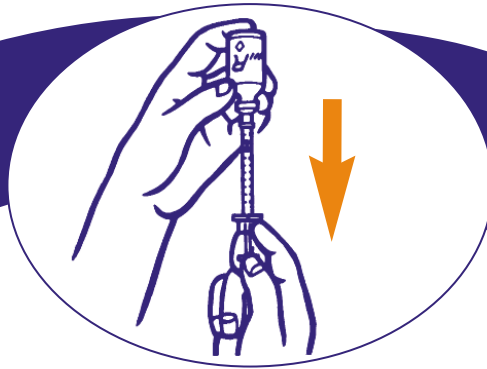


6. Pull needle out of cloudy bottle

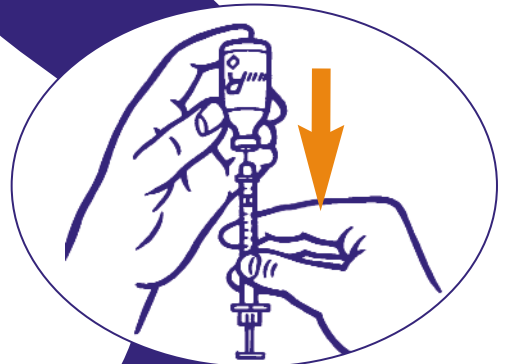


7. Pull plunger down to _____ units

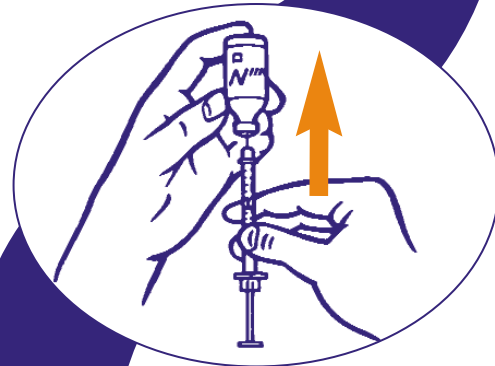
10. Pull plunger down to _____ units



11. Pull needle out of clear bottle



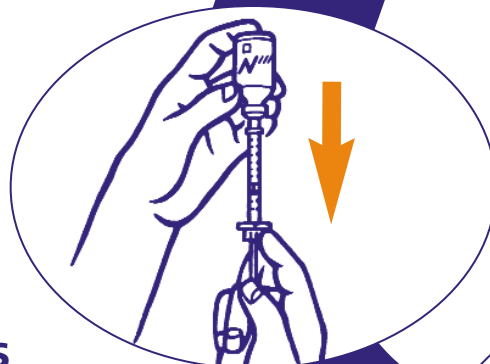
9. Push plunger down into clear bottle



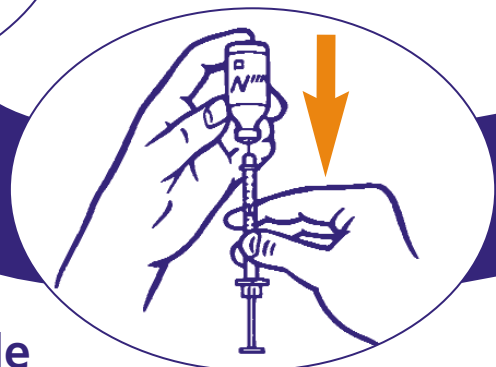
12. Push needle into cloudy bottle



8. Push needle into clear bottle



13. Pull plunger down to _____ units



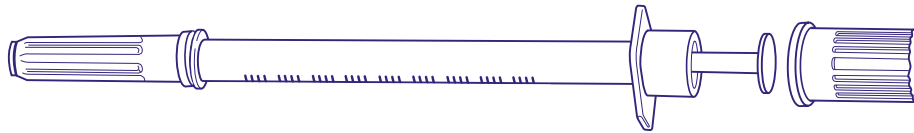
14. Pull needle out of bottle

Insulin Dose for:

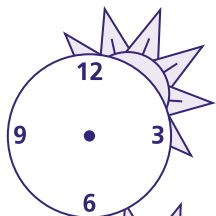
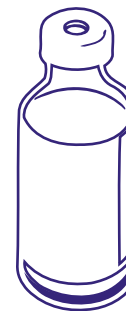
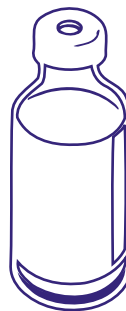
Name: _____ Today's date: _____

My educator is: _____ Telephone Number: _____

Syringe Size: BD Ultra-Fine™ 3/10cc 1/2cc 1/cc



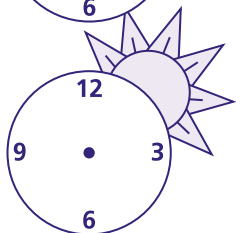
My insulin is: _____
(brand name)



_____ A.M.

_____ units

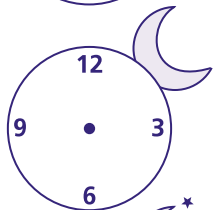
_____ units



_____ P.M.

_____ units

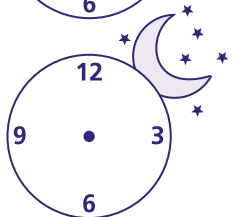
_____ units



_____ P.M.

_____ units

_____ units



_____ P.M.

_____ units

_____ units

Call BD Consumer Services at **1.888.BDCARES (1.888.232.2737)**
or visit our website at **www.BDdiabetes.com**.



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